

FOX II

944th Fighter Wing Air Force Reserve
Luke Air Force Base, AZ
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944th Fighter Wing--recognizing its' people



Recognition and teamwork: A recipe for success

By Col. Derek P. Rydholm
944 FW commander

As I sit here writing this, it's 4:30 a.m. and I'm reminded that not only does rank come with its' rewards but also responsibilities. I am at the airport awaiting a flight so I can look in on the aviation deployment to New Orleans and then continue on to the 10th Air Force Outstanding Airman of the Year banquet at Robins Air Force Base, Georgia. I say that this is one of my responsibilities but consider it an honor to be able to attend the dinner and hopefully see our two 10 AF winners continue in their successes at the MAJCOM level. We have such great people in our organization that it comes as no surprise to me that we took more 10 AF honors than any other unit.

I have stood before each of you and talked of many issues that are important to me. Two of them, recognition and teamwork, are issues I'd like to discuss. Individual recognition, such as the type described above, is critical to the success of the wing. To see our members succeed and receive recognition in the form of incentive rides and other perks is something that I am proud I can offer. I've heard some complaints lately, however, that it seems as though our wing members recognition programs are taking a backseat, so to speak, to other outside interests such as an orientation ride recently given to an extremely successful motorsports team owner. This is an example of another form of recognition, one designed to promote the wing and Air Force Reserve. The benefit we got from flying Chip Ganassi of Target Ganassi Racing was gained through the local and national media coverage generated by the event. The successes of our wing and the Air Force as a whole were heard on ABC and the Speed Channel and virtually all of the local news networks. They were able to speak to the countries efforts in the War on Terror and directly tie that into the 944th Fighter Wing. I consider that a great return on our investment.

The last thing I will leave you with are my thoughts on

teamwork. The leadership of the wing is proud to support efforts to bring Esprit de Corps to all aspects of our jobs. Presentations given by different organizations such as Aeromedical Staging Squadron, Transportation and Explosive Ordnance Disposal at our recent Commander's Call help us all appreciate what our coworkers are doing and how they contribute to the successes of the Wing. The Christmas luncheon was designed to help foster better teamwork. That's why I strongly urge each of you to support our Wing Dining Out on June 18 at the Pointe Tapatio Cliffs Resort. We are trying to make it affordable for everyone and doing it on a weekend which will allow people to enjoy themselves and not have to get up and work the next day. Recent fundraisers such as Luke Days as well as soliciting local community support will help offset the costs of the event. To be able to bring the wing together in an event like this and thank our members for their continuing support of our country is something I'm very excited about. It takes a great effort to make something like this a great affair so we are soliciting all the help we can get. Mike Bannon in the Maintenance Squadron is the overall coordinator and can guide you in the direction that you can best support this event if you would like to help. I would like to see this grow to an annual event complete with an awards banquet and golf tournament.

I will continue to try and be as clear as possible about my goals for the wing and concerns I might have. As I have said numerous times, I'm proud to have been given this opportunity to be with you in this position and look forward to continuing to build my relationship with you and promote positive things for the Wing. Thanks for your support.

On the Cover



Members of the 944th are recognized in many different ways. In this issue, Col. Rydholm discusses his views on the subject, and in the Shirt Stop section, Senior Master Sgt. Rhonda Humbles talks about what you can do for yourself to earn recognition. The incentive ride program is explained on page 5.

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FOX II

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Enjoy life!

By Chaplain (Lt. Col.) David A. Yáñez
944 FW chaplain

We are coming into spring and the long hot summer! Life should be enjoyed to the fullest. Many times I work too hard and take life too serious. Last week I noticed flowers growing in my front yard in bloom, and I had missed the process of blooming. Life is too short. I am a chaplain in a hospice and see much pain and suffering and I fear that many of these patients have worked too hard, yet life now is very short and many times they don't know what they have accomplished. Sometimes we need to sit back and enjoy God's gift of life to us. Brother Jeremiah was at the end of his life when he reflected on his many years of Christian service. I keep close to my heart these words he wrote:

"If I had my life to live over again, I'd try to make more mistakes next time. I would relax. I would limber up. I would be sillier than I have been this trip. I would climb more mountains,

swim more rivers, and watch more sunsets. I would do more walking and looking, I would eat more ice cream and less beans. I would have more actual troubles and fewer imaginary ones. You see, I am one of those people who live protectively and sensibly and sanely, hour after hour, day after day. Oh, I've had my moments, and if I had it to do over again, I'd have more of them. In fact, I'd try to have nothing else.

Just moments, one after another, instead of living so many years ahead each day. I have been one of those people who never go anywhere without a thermometer, a hot water bottle, a gargle, a raincoat, aspirin, and a parachute. If I had it to do over again, I would go places, do things, and travel lighter than I have. If I had my life to live over, I would start barefooted earlier in the spring and stay that way later in the fall. I would play more. I would ride on more merry-go-rounds. I'd pick more daises." (taken from "The pursuit of Excellence" by Ted W. Engstrom) The Bible says, "Don't be anxious about anything...the peace of God, which transcends all understanding will guard your hearts and minds..." (Phil.4:6,7)



Shirt stop

Equifinality & equipotentiality: Are you ready?

By Senior Master Sgt. Rhonda Humbles
944th Aircraft Maintenance Squadron
first sergeant

Retirements have become a monthly event lately. Usually, a retirement leads to a promotion for someone else, which in turn can have a domino effect opening doors and presenting opportunities. But, are you ready? How's your participation? Have you completed your career development courses (CDCs)? Have you completed your professional military education (PME) courses? When was the last time you volunteered to do something within the unit to show that you are ready for greater responsibility? Have you asked your supervisor for opportunities to assume leadership roles lately? Just because someone has been here the longest doesn't mean they are the best candidate – get ready... be ready. You never know when the door of opportunity will be open and the person in front of you isn't ready. That is your opportunity to ask them to step aside so that you may step up.

How about PEP? Ever wonder why some people are put in for it and you're not? Maybe you're not ready. Print out a pep form and fill it in. Where are you weak? Strengthen it! You have the power to make yourself a stronger candidate for PEP. Think about it - the form is all they basically have to go on. Balance the quantitative with

the qualitative – don't just describe how talented you are – statistically show your talents through your accomplishment results to enhance your breadth of experience. If you are weak in community involvement consider coaching/teaching sports, record a book to tape for the blind, paint houses with habitat for humanity or serve food to the homeless. Don't make excuses – do it. Educate to elevate. No time – register for online classes. No money – check into the GI Bill and visit wing training, your first sergeant and family readiness for other ideas or scholarship information. If you want it bad enough you will find a way. No excuses.

Why the fifty cent words in the headline? They offer a different way to look at achieving your goals. Equifinality simply means that while the initial conditions/starting points may be different (with each of us) the end result can be similar (promotion). Of course, a promotion is not 'the end' and instead should trigger new goals. Equipotentiality means the same starting point can lead to different end results or effects. If the competition has the same rank, their PME completed – like you, and other similar starting points, then you need to figure out what you can do to get the end result you want. Inventing the loaf of bread was good – the person who figured out the importance of slicing it before packaging hit the equipotentiality homerun.

Medical squadron provides 'healing hands'

By Staff Sgt. Stephen Razo
944 FW Public Affairs
Photos by Maj. Paula Penson
944 MDS

The Third Annual Operation Healing Hands medical exercise, held at Luke AFB, put 944th Fighter Wing Medical Squadron "healing-hands" to the test with over 50 simulated wounded patients needing immediate field care and processing.

With Iraq as the backdrop, a 25-bed Expeditionary Medical Support (EMEDS) facility was utilized to process three groups of patients through three different moulage scenarios. Patients, suffering from various stages of life-threatening

injuries, would be evaluated for the appropriate level of immediate care and then further evaluated for higher level of care.

"We are the first unit to receive patients in the field," states Maj. Sherry Palmer, 944 Medical Squadron nurse. "We immediately treat and evaluate for return to duty, further treatment, or transport to an ASTS unit for further care."

According to Palmer, patients fall into one of four categories.

1) Immediate – highest level of care;
2) Delayed – requires care but airway breathing and circulation is not affected;

3) Minimal – "walking wounded;" and

4) Expectant – not expected to survive. Expectant patients suffer from injuries so severe, survival is not an option. An Expectant Tent provides various comfort measures to allow death with dignity.

Annual SORTS requirements were fulfilled through such activities as donning of gas masks and litter training in low light. Explorer Scouts and Civil Air Patrol members were used as patients and casualties. "We were able to utilize Col. Dixon and Master Sgt. Crone of the



Master Sgt. Trisha Patel, 944 Medical Squadron Information Management, coordinates patients in need of aerovac.

56th Medical Squadron as evaluators for the exercise," adds Palmer. A hot-wash was conducted where feedback was presented and evaluated.

"The exercise was a very good learning experience for us because it provided excellent hands-on training while fulfilling annual SORTS requirements," concludes Palmer.



Master Sgt. Barry Crone (center) NCOIC Emergency Services, 56th MDOS, evaluates 944 medical personnel as they assess a patient while wearing the gas mask.



Activity is high as 944 FW Medical Squadron personnel receive wounded patients from the simulated battlefield. Medical personnel will immediately treat, evaluate and process for return to duty or higher level of care through an ASTS unit.



Lt. Col. Daniel Houssiere (left), 944 FW flight surgeon, and Maj. Thomas Connelly, 944 FW health services officer, practice low-light litter lifting during Operation Patriot Helping Hands.

Unit news

High performance flight rewards high performance Airmen

By Master Sgt. Elizabeth Barker
944 FW Public Affairs Intern

Did you know that on July 13, 1977, the British race car driver David Purley survived a deceleration from 173 km/h to zero in a distance of about 0.66 m, enduring 180 g-forces?(*)

Ok, so while you might not experience quite the same gravita-

nance support. Without the support of those troops the flying side of the house wouldn't be able to complete the flying mission.

The first incentive flight of the year was given to Staff Sgt. Jennifer Allen from the 944th Medical Squadron. Sergeant Allen was Airman of the year for 2003 as well as AFRC Airmen of the year. The schedule for incentive flights is projected out until

June as of this time with the 302d Fighter Squadron performing an incentive flight on a weekly basis. A great team effort has gone to ensuring that the superior performers in the wing are rewarded.

Currently there are several different ways to distinguish yourself as a superior performer to receive an incentive flight. The program offers incentive flights to the annual award winners for the wing, to include Airmen, NCO, SNCO, Company grade and field grade officers of the year. In addition, each group commander is also authorized to select deserving superior performers to receive a flight. The recipients furthermore have the opportunity to select the specific pilot that he or she wishes to take them up into the air. If, after completion of the flight, the recipient has experienced the full nine G-forces, then they are additionally awarded a certificate by their pilot. Overall, it is a fantastic experience that all members of the wing should strive to achieve.

The scheduling and coordination of an incentive flight is a total team effort, with the responsibility of the program residing in the Operations Support Flight. First, the names are channeled up through the group commanders to the focal point who is Master Sgt. Elizabeth A. Barker. The recipient and his/her supervisor will receive notification from Sergeant Barker several weeks prior to the scheduled flight. A verbal telephone call is usually made followed up by an email outlining the procedures. The member must be on two days of military status back to back to be able to complete the required training, physical, paperwork as well as the actual flight. Immediately upon notification of a scheduled flight the member is directed to contact the SOF desk at x5363 for completion of required paperwork. Assistance is received from the flight surgeon's office to perform the physical as well as from the life support shop which conducts the required egress and hanging harness training.

Lt. Col. Donald Lindberg, 302d Fighter Squadron commander, explained that there are two aerial profiles they currently perform. The first profile is the Grand Canyon tour, complete with aerial acrobatics which include the after burner climb to 8000 feet and the super sonic flight. The second profile is provided under inclement weather conditions and includes a low level flight to southern Arizona and back. So while these aerial acrobatics might have you revisiting last night's dinner you can rest assured that you will be in extremely capable and experienced hands within the 944th Fighter Wing team of veteran F-16 pilots.

(*) = Guinness Book of Records.



The F-16D two-seater is used for incentive flights.

Courtesy photo



Photo by Master Sgt. Paul Zadach

Col. William Binger, 944th Operations Group commander, flew Master Sgt. Tara Richard, 301 FS, in March.

tional force during an incentive flight, it is still quite a rush and an experience you will never forget!

The Incentive Flight program is alive and kickin'. The program is a tangible way for the 944th Fighter Wing to award superior performers in a very unique way, one in which only the flying side can provide. It allows for those who are supporting the mission to get a first hand experience of how they positively contribute to the mission. It makes no difference whether they are administrative, communications, medical, financial or mainte-

Baldwin wins GEICO safety award

By Tech. Sgt. Barbara Plante
944 FW Public Affairs

Master Sergeant Kenneth R. Baldwin, 944th Fighter Wing, safety craftsman, recently received the 2004 Government Employees Insurance Company Military Service Award for his outstanding traffic safety and accident prevention programs achievements. Selections for the award were based on noteworthy contributions of Sergeants Baldwin's entire career in safety to include both on duty and off duty related activities.



"He is very deserving of this award and the safety office is very proud to have him on our team. His results have been unparalleled; he displays an extraordinary knowledge of traffic safety. His guidance and outstanding support for safety have been instrumental in our office receiving numerous safety awards," said Senior Master Sergeant Michael Eckert, 944th Fighter Wing, ground safety manager.

Since being assigned to the 944th Fighter Wing safety office in Sept., 1996, Sergeant Baldwin has worked many programs resulting in outstanding results for both the safety office and wing.

He conducted monthly local traffic safety orientation briefings for newly assigned personnel. His efforts in training over 500 personnel in the last

five years have resulted in zero accidents. The wing has gone seven straight years without a 944 FW single related fatality or major traffic accident either on or off duty.

With his efforts, the 944th Motorcycle Safety Program was revamped by organizing a new course with the host 56 FW Safety Office. He also increased motorcycle rider traffic safety awareness by helping to coordinate a safety briefing during a photo opportunity in front of an F-16; photos were published in Citizen Airman Magazine.

While on active duty Sergeant Baldwin served as an Air Force Safety School Instructor at Lackland AFB, Texas instructing new Air Force Safety Professionals on accident prevention, traffic, and fire and ground safety. He provided students with the foundations needed to improve their accident and traffic safety programs throughout the Air Force and civilian communities they represented.

In his civilian life, Sergeant Baldwin is a currently employed by the State of Arizona Department of Economic Security's (DES) as a Risk Manager. He is responsible for Arizona State life, fire, traffic safety, workers' compensation, and loss prevention programs. He directly influenced the reduction of accident and worker compensation rate by over 50 percent in the past five



Photo by Master Sgt. Paul Zadach

Master Sgt. Ken Baldwin works on a safety program

years by focusing on traffic safety education, safe driving habits and use of formal driver education programs.

"I was very surprised and excited to hear that I had won this award. I have always thought of this job as a team effort. I have been very fortunate to work with a great group of people who are always here to help me out," said Sergeant Baldwin.

GEICO established this military service awards program to honor one enlisted member from each military service and one member from selected reserve components for outstanding contributions in specific areas. Sergeant Baldwin will be recognized at a special awards ceremony in Washington DC and will receive a cash honorarium of 2,500 dollars.

Administrative actions

March

Rank	Offense	Action
TSgt.	Incapacitated to perform duties	Article 15
TSgt.	Misuse of government credit card	LOR
TSgt.	Misuse of government credit card	LOR
SrA	Misuse of government credit card	LOR
TSgt.	DUI	LOR/UIF
TSgt.	Failure to participate	demotion/discharge
SrA	Failure to participate	demotion/discharge

April

Capt	Wrongful appropriation of funds	LOR
Capt.	Failure to pay gov. credit card	LOC
SMSGt.	Engaged in inappropriate conduct	LOR
MSGt.	False travel voucher	LOR
SSgt.	Disobeying lawful order	LOA
SSgt.	Failure to go	LOC
SrA	Failure to go	LOC
SrA	Gov. travel card/wrongful use	LOR

Exercise--a healthy habit to start and keep

By Tech. Sgt. Sandra Montoya
944th Mission Support Group

As you know there are lots of benefits to regular exercise. Just to list a few, exercise reduces your risk of heart disease, contributes to your mental well-being, helps treat depression, helps relieve stress and anxiety, increases your energy and endurance, helps you sleep better, and helps you maintain a normal weight by increasing your metabolism.

So exercise can help keep you healthy and physically fit. A positive life style to live by, and you can make it happen. Try committing yourself to a regular workout schedule each week and make it a habit to keep a daily log or diary of your activities, and see how well you progress. To start off begin slowly with an aerobic exercise, you can also include light weight training and gradually increase the intensity and duration of your exercise. Aerobic exercise like running, jogging, and bicycling moves large muscle groups and causes you to breathe more deeply and your heart to work harder to pump blood. It improves the health of your heart and lungs. Weight training builds strength and muscles. Remember, before you start a work out make sure you're well hydrated and don't forget to start out

with a warm up to prevent injuries. That will make your muscles and joints more flexible. Spend 5 to 10 minutes doing some light stretching exercising, or perhaps brisk walking. Do the same thing when you are done working out, until your heart rate returns to normal.

To help you stick to an exercise program choose an activity you like to do, or exercise with a partner. Exercising with some else can also make it more fun. Other ways would be to vary your routine; you may be less likely to get bored or try choosing a comfortable time of the day to exercise.

Healthy eating is also very important. Try balancing your food choices. Don't eat too much of any one thing. You don't have to give up foods like hamburgers, French fries and ice cream to eat healthy. You just have to be smart about how often and how much of them you eat. Your body needs nutrients like protein, carbohy-

drates, fat and many different vitamins and minerals such as vitamins C and A, iron and calcium from a variety of foods. Try to eat more grains, fruits and vegetables. These foods give you carbohydrates for energy, plus vitamins, minerals and fiber.

If you don't see results right away, don't get discouraged. Remember exercise, a healthy habit to start and keep, can be enjoyable if you make it enjoyable.



More stripes

New Staff and Master Sgts. were recognized at the NCO/ Senior NCO induction ceremony during the April UTA. There were 76 members of the 944th during the past year who achieved the new ranks. The yearly ceremony is sponsored by the Luke Reserve Top Three and is funded through volunteer fund raising projects throughout the year.

Photo by Tech. Sgt. Barbara Plante

Whatever you call it, it's still leadership

By CMSgt. Kenny Mitchell
944 FW command chief

For more than the past five years I have greeted the new members who arrive at the 944th Fighter Wing and I have had the honor to share a few words of hope-



fully wisdom for our people and our wing.

As many of you have been a part of being a new member, you recall that I ask each of you why are you here.

Why did you join the reserve, the 944th? Many responses I received ranged from the desire to receive educational benefits to the fulfillment of retirement. Some say they like the discipline, others

the military camaraderie. Those who have been separated from service for a while, say they miss wearing the uniform, there is a desire to be part of a team, to be a part of something bigger than themselves.

Many point directly to their desire to serve our nation and uphold the freedoms that our forefathers and comrades in arms fought to gain, fought to retain, fought to share, lived to die for and died so that others may live.

We were not forced, we were not coerced, we were not deceived. We made a voluntary decision to serve our great nation; we made the decision to serve.

Somewhere along the road of service we find those who have forgotten the reason why we serve and prefer to serve themselves. Our core values, integrity first, service before self, and excellence in all we do.

We have shortened the statement of values to integrity, service, and excellence, but the basic foundations hold true. Our second value is where my concern rises as we move forward serving our nation.

Let us remember that is not about me. You heard the term many proclaimed "what's in it for me", please remember that we serve the citizens of our nation. I am proud to say that it's not about me, it's about us, it's about them, it's about our mothers, our fathers, our sisters and

brothers, aunts, uncles, our neighbors and strangers we do not know.

All citizens of this great nation and even the world, it's not about self serving desires it's about patriotism.

Service before self is more than your job, more than a statement, it's about leadership. Leadership is preparing others to take your place; we have called it mentoring, on the job training, developing the future.

What ever you call it, it is still leadership. How are you leading? How do you prepare someone to take your place, to do your job?

It is better to have someone ready to step up and move to higher responsibility than to have someone fail because we failed to lead. As we move forward as changes in our force present themselves, revive your focus, develop your leadership and provide new horizons.

Remember service before self, because it's not about me, it's about those around me. I'm proud to serve with the finest Airmen in the world, represent our Air Force, Air Force Reserve with integrity first, service before self, and perform with excellence in everything that you do.

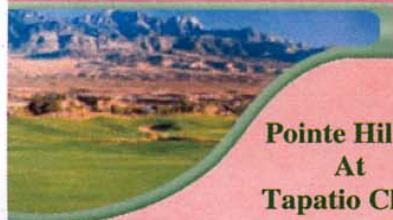
Above and beyond, that is the Air Force Reserve and its' people, committed Airmen willing to do more, willing to give more, willing to serve.

Viper vs. Viper

During Luke Days March 12-13, the 944th sponsored a booth providing information about the unit and the Air Force Reserve. Also was a static display of a 944th F-16 flown by the "Phoenix Vipers" which was parked next to the display of Dodge Vipers sponsored by the Viper Club of America. More than 275,000 people attended the event over the two days.

Photo by Master Sgt. Paul Zadach

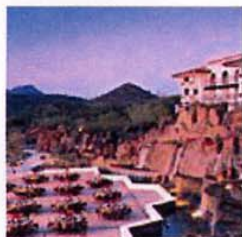




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944th Fighter Wing Dining-Out



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E4 - E7 & GS 5-7 \$35 O4 - O6 \$55



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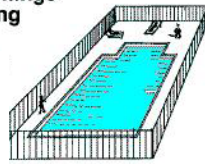


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HAZARD	SAFETY DEVICE
Child drownings in swimming pools	A fence surrounding all four sides with self-closing and self-latching gates



other barriers. From 1995-2002, 307 Arizona children died due to drowning. Approximately 70% (210/307) of drowning deaths occurred in children less than 5 years old. Among these 210 children, 133 (63%) drowned in a private swimming pool. Only 7 of these deaths occurred in a pool that

placed out of reach of kids help keep children away from pools. The most important thing you can do to prevent child drownings is to keep an eye on children at all times.

Kids are amazingly ingenious at getting past safety

devices and have unlocked doors and unlatched gates and ended up drowning in pools.

- Keep chairs and tables, ladders etc. away from the pool area. Kids often use them to climb the pool fence. Keep toys away from the pool when it is not in use. Toys can attract young children into the pool.

- Make sure an adult is supervising them at all times. If there is a group of adults, designate one of them as the water watcher.

- Make sure they know how to swim.

- Always keep basic lifesaving equipment by the pool and know how to use it. Pole, rope, and personal flotation devices (PFDs) are recommended.

A childhood drowning is tragic, even more tragic is that most, if not all are preventable. Supervise your children and teach them to swim. If you do have a pool make sure there is a fence around the pool. Supervision, barriers and knowing how to swim are critical in drowning prevention.

Pool safety

**By Master Sgt. Ken Baldwin
944 FW Safety**

As summer approaches we hear the same call – watch your children around water. Yet each summer and throughout the year parents, caregivers, family & friends fail to listen to that call – the result is another tragic child drowning. Drowning is one of the leading preventable causes of death for Arizona children. Recommendations to prevent child drowning include adult supervision and pool fences around pools regardless of

was adequately fenced and had a self-locking gate. Most drowning deaths that occurred in swimming pools involved inadequately secured fences and inadequate supervision.

Supervision, proper fencing and teaching children how to swim are the most important steps a pool owner and parent can take to prevent a child drowning. If your children don't swim and you have a pool or one of their friends has a pool, get them lessons. Pool fences, locked gates, alarms, and door locks

New health plan extends care for activated reservists

WASHINGTON – Health care for reservists gets a booster shot April 25. That's when a premium-based health care plan starts for those activated for a contingency anytime since 9/11.

Department of Defense officials announced Tricare Reserve Select at a Pentagon news conference March 24.

"We are committed to providing the proper combination of compensation and benefits that will allow us to attract and retain the world's best fighting force," said Charles Abell, principal deputy undersecretary of defense for personnel and readiness.

TRS offers a bridge for reservists entering or leaving active duty who are not covered by a civilian employer or other health insurance plan. It's similar to Tricare Standard and comparable to the Blue Cross and Blue Shield Plan for federal employees.

Monthly premiums for a reservist are \$75. A reservist and family pays \$233. Premiums will be adjusted annually.

Air Force reservists must serve on active duty for 90 consecutive days or more on or after Sept. 11, 2001, in support of a contingency. And, they must enter an agreement with Air Force

Reserve Command to serve in the Selected Reserve for one or more years before leaving active duty. If they get off active duty, they have until Oct. 28 to apply.

Reservists earn one year of care for every 90 days of continuous active-duty service and every year of service commitment. For example, reservists with 360 days of qualifying active duty can get four years of coverage if they sign up for four years in the Selected Reserve. Coverage ends when the service agreement ends. It stops sooner if the reservist separates from the Selected Reserve, voluntarily withdraws from the program or fails to pay the monthly premiums.

The Tricare Web site – www.tricare.osd.mil/reserve/reserveselect – will have more details. To get updates by e-mail, reservists and their families can subscribe to www.tricare.osd.mil/tricaresubscriptions/.

For reservists enrolled in the Transitional Assistance Management Program, coverage will start the day after TAMP ends. (AFRC News Service)

Promotions

Maj. Setphanie Cornelius	302 FS	Staff Sgt. Nora J. Turner	944 AMXS
Maj. Michael Henkelman	301 FS	Staff Sgt. Jennifer L. Hurley	944 MDS
Maj. John Turnen	301 FS	Staff Sgt. Ryan R. Gomez	944 MXS
Maj. Peter Emig	944 ASTS	Staff Sgt. Brett S. Bennett	944 CES
Maj. Terry Greene	944 ASTS	Staff Sgt. Sandra D. Benjamin	944 SVS
Maj. Erik Lenski	944 ASTS	Staff Sgt. Stuart Black	944 AMXS
Maj. Adam Nally	944 MDS	Staff Sgt. Scottie M. Chochran	944 CF
Maj. Kip Schlum	944 LRS	Staff Sgt. Cheryl A. Hart	944 LRS
Chief Master Sgt. Donald D. Lindquist	944 CES	Staff Sgt. Cheri L. Jeffrey	944 CES
Senior Master Sgt. Paul D. Stutzman	944 CES	Staff Sgt. Keisha M. Mason	944 SVS
Master Sgt. James E. Thornton	302 FS	Staff Sgt. Joyce A. Massey	944 ASTS
Master Sgt. Cal J. Roskeland	944 CF	Staff Sgt. Damon W.R. Petersen	944 CES
Master Sgt. Alfred V. Quintana	944 CES	Staff Sgt. Daniel R. Swoveland	944 MXS
Tech. Sgt. Barbara S. Plante	944 FW	Staff Sgt. Karinka R. Copeland	944 MDS
Tech. Sgt. Jackie M. Wallace	944 MSF	Senior Airman Cheryl L. Deines	302 FS
Tech. Sgt. Nicole M. Breseman	944 MDS	Senior Airman Michael W. Dewey	944 ASTS
Tech Sgt. Adam M. Cronk	555 RHS	Senior Airman Nathan E. Palmer	944 CES
Tech. Sgt. Leo W. Eiden Jr.	944 MXS	Senior Airman Adam J. Peterson	944 CES
Tech. Sgt. Ricardo E. Franco Jr.	944 CES	Senior Airman Horace Bowler	944 MXS
Tech. Sgt. Evan A. Heintz	944 MXS	Senior Airman Sharlene A. Frango	944 MSF
Tech. Sgt. James M. Johnson	944 MXS	Senior Airman Daryl E. Gladstein	944 SFS
Tech. Sgt. Desirea M. Schulze	944 AMXS	Senior Airman Brett E. Sanchez	944 LRS
Tech. Sgt. Marlene M. Scott	944 LRS	Senior Airman Daniel E. Pottinger	944 SFS
Tech. Sgt. Aaron J. Tribby	944 MXS	Senior Airman Skye Benitz	944 CES
Staff Sgt. Christopher L. Brandaberry	944 MXS	Airman 1 st Class Devray M. Armstrong	944 MSF



First and Final

Indy Race Car team owner Chip Ganassi (right) congratulates Col. Pat Shay, 944th Fighter Wing vice commander, after his final F-16 flight as local news media record the event. Mr. Ganassi was a passenger during the flight--a first for him. Colonel Shay is retiring from the 944th and will continue his civilian career as an airline pilot.

Photo by Master Sgt. Paul Zadach



Second Quarter winners

Senior NCO

Master Sgt. Roberto A. Samper
944 OG

NCO

Tech. Sgt. John J. Rath sack
944 MSG

Airman

SrA Kevin W. Bynum
944 MSG

Command changes

Col. William B. Binger (left) 944th Operations Group commander, passes the 302d Fighter Squadron flag to the new 302d commander Lt. Col. Donald R. Lindberg as Guidon Senior Master Sgt. Tracy Kopp looks on. Colonel Lindberg was the former 944th Operations Support Flight commander and succeeded Lt. Col. Thomas Harwood III, who is now the vice wing commander.

Photo by Master Sgt. Paul Zadach

Briefs

New law protects homeowners

WASHINGTON (3/30/05) — Federal law prohibits mortgage lenders from immediately foreclosing on homes owned by servicemembers deployed overseas on military duty, a senior legal officer said here.

All servicemembers, including those deployed, are protected under the Servicemembers Civil Relief Act, signed by President Bush on Dec. 19, 2003, said Army Col. Christopher Garcia, director of legal policy for the undersecretary of defense for personnel and readiness.

"The (act) includes a provision that protects against default judgment," Colonel Garcia said. "In any civil action, such as a lawsuit or a foreclosure, in which the defendant does not make an appearance, the court must require the plaintiff bringing the suit to file an affidavit saying whether or not the other party in the lawsuit is a servicemember."

Next UTAs:

Primary: May--April 30-May 1; June 4-5; July 9-10

Alternate: May 21-22; June 25-26; July 23-24

**944th Fighter Wing
Air Force Reserve
14708 W. Super Sabre St.
Luke AFB, AZ 85309-1722**

944th Fighter Wing
EDUCATION & TRAINING
BULLETIN
May 2005

If you have questions concerning education or training contact your Unit Training Manager or Wing Training, 944 MSF/DPMT, at extension 5317, 5318 or 8055.

SATURDAY

0700 Pilots Physicals, Bldg 1130
0730 Long PHA Physicals, Bldg 1130
0900 Medical Follow ups, Bldg 1130
1200 Short Physicals, Bldg 1130

SUNDAY

0900 CDC/PME Testing, Bldg 988, Rm 204
1300 3A0X1 Training, Bldg 999, 2nd floor
1415 3A0X1 Training, Bldg 999, 2nd floor

1430 Ground Safety Rep. Meeting, Bldg 988

3A0X1 TRAINING CLASS

OJT MANAGER The Information Systems Training Class will be held Sunday of each UTA at 1300 and 1415, in building 999, 2nd floor auditorium. Classes are mandatory for all 3A0X1 personnel and open to others holding administrative-related AFSCs. POC: SMSgt Rosenau, 6-5300.

OJT MANAGERS MEETING

An OJT Managers Meeting will be held this UTA at 1000 hours on Saturday, in the Wing Training Office. All Unit Training Managers are required to attend. POC: MSgt Nichols, X5318

TESTING SCHEDULE

<u>TEST</u>	<u>DAYS</u>	<u>TIME</u>
<u>CDC/PME</u>	Regular UTA Sunday	0900
	Off UTA Sunday	0800
	1 st & 3 rd Tuesday	0800
	2 nd & 4 th Thursday	1300

Computer Based Testing

Off UTA - Sunday	0800
Regular UTA – Sunday	1300
2 nd Tuesday	0800
<u>AFOQT/AFCT</u> 3rd Monday	0800
<u>DSST/CLEP</u> .OCT/JAN/APR/JUL)	
Saturday	1300
2 nd Wednesday	0800

CLEP tests are free for spouses if taken at the Reserve testing office.

Expiration dates may be checked at: WingShare://
(06)Training/Wing Training Office/CDCs/CDC Tests on File.

Contact Wing Training at extension 5356, 5318, or 8055 to schedule testing.

CROSSFEED REPORTS

To review write-ups of the latest Unit Compliance Inspection (UCI) reports, go to:
<https://wwwmil.afrc.af.mil/HQ/IG/igi/reports>

ON-LINE PRACTICE TESTS

You may now go on-line at:
<http://www.petersons.com/airforce>
to take a free practice test for the ASVAB (Armed Services Vocational Aptitude Battery), GRE (Graduate Record Exam), GMAT (Graduate Management Admission Test), or CLEP (College Level Examination Program).
Contact your Wing Training Office at 5317, 5318, or 8055 for further information or study guides.

TYPING TEST

Need to practice for a typing test for have written certification for a job resume? You may take a free on-line typing test as well as practice tests at:
<http://www.typingtest.com>

DEVELOPING A TASK BREAKDOWN

In order to evaluate task certification, the task certifier or supervisor must have a predetermined standard is basically a checklist. The checklist is a breakdown of a task into a

series of task elements that a trainee must do to reach the objective. The steps to developing a standard are:

- Review the task statement listed in the STS (Specialty Training Standard) or CFETP (Career Field Education Training Plan).
- Develop and write down the steps involved in doing the task.
- Determine how to measure each element of the task:
 - Will you simply watch the performance?
 - Will you ask questions and have the trainee explain why the elements are necessary?
 - Will you physically check measurements or specifications?
- Put everything together into a predetermined standard.
- Decide what tools, materials, and equipment you and the trainee need during the evaluation.

DEVELOP INSTRUCTIONS FOR THE TRAINEE: The trainee must know exactly what to expect before starting the evaluation. Key factors here include requirements for speed, accuracy, neatness, procedures, etc. You may even wish to review the objective before and after the evaluation.

TIPS FOR TEST TAKING

There are many different types of tests that reserve members must take. Here are some helpful tips that you can use when taking objective-type tests, such as multiple choice and true/false.

- Read the general directions with care. The slightest misunderstanding can mean the difference between a good and a poor test score.
- Avoid wild guessing. Most often the first answer that occurs to you is likely to be the correct one.

- Try to answer every question, but don't spend too much time on any one item. Mark those questions that you cannot answer immediately and return to them later after you have answered all of the questions you can in the first reading of the test.
- Give close attention to the phrasing of questions, especially when they contain such words as: least, greatest, one, chief, best, worst, only, most, sometimes, always, never, or usually. These words tend to "qualify" any statements made within a question and can substantially change the question's meaning.
- If the correct answer does not come to you from the alternatives presented, try to narrow down the number of possible choices by eliminating those answers, which are obviously wrong.
- In trying to answer true/false questions, you may be able to evaluate the statement more easily if you change it from a negative to a positive statement or vice versa.
- When you have answered all of the questions, do not change your answers unless you are quite certain your original answer was wrong. Students more frequently change from right to wrong answers than the reverse.

OJT...Training Records...Educational Benefits...Formal Schools...CDCs & PME...

If or when your Unit Training Manager is not available, your Wing Training staff is here to help. We're located in Building 988, room 204.

MSgt Pamela Nichols	X5318
TSgt Vickie Romero	X5317
TSgt David Rhodes	X5356
TSgt Jackie Wallace	X8052
Ms Ella Discoe	X8055